The Enneagram Connection

Offers profiles of nine personality types, tells how to avoid misidentifications, and offers advice on becoming aware of one's own personality type.

The Enneagram of Belonging

A guide to using your Enneagram personality type to understand your approach to eating, dieting, and exercise • Shows how the Enneagram system of personality types can explain your relationship to food, emotional triggers and childhood patterns around eating, food choices, best methods for weight loss or gain, possible addictions, love (or not) for entertaining, and the right exercise method to keep you motivated • Includes an Enneagram food-personality test and explains how understanding your Enneagram type allows you to alter your subconscious programming and become not only physically, but emotionally healthier • Provides examples of healthy and unhealthy expressions of each personality type’s relationship to food and exercise Have you ever wondered why some people seem to adore food, while others find eating simply a need? Why some people just love to work out and others absolutely abhor anything to do with physical exercise? Why some love entertaining, while others would rather spend a quiet evening alone? In The Enneagram of Eating, Ann Gadd reveals how the well-known Enneagram system of personality types can explain your relationship to food and exercise. Including an easy to use food-personality test to find your type, she devotes a full chapter to each of the 9 personality types. She provides an understanding of each type’s emotional eating triggers, including the emotional wounds and childhood patterns that formed them, what exercise regime will keep you motivated, why you entertain the way you do (or don’t), and the best methods for weight loss or gain. The author examines how we view our bodies, how we deal with food and eating, our behaviors when dining out or hosting a dinner party, possible addictions, and where our enthusiasm (or lack thereof) for exercise originates. Stressing how our emotional health affects our physical selves, the author provides examples of healthy and unhealthy development within each type. Gadd shows how knowing how each type reacts around food will make it easier for us to alter our subconscious programming and become not only physically, but emotionally healthier. Offering fascinating insight into our subconscious attitudes toward food, she aims to inspire you to become more aware of your approach to eating in general, so you can develop healthier and happier ways of being.

Discovering Your Personality Type

Are you happy? Are you frustrated? Do you feel like you don’t belong? Do you struggle socially? Would you like to improve your social skills? The Enneagram can help you develop your social skills by focusing on you. The way you feel when you are in public depends on your personality. Through learning the basics of the the nine personality types, subtypes, and how this relates to other people, you will be able to start your self-discovery journey. As you grow to understand yourself, you are going to start to feel several benefits. For instance: How Does the Enneagram Work The Nine Personality Types Identifying Your Personality Types Using the Enneagram in Relationships How To Choose The Right Job Using The Enneagram And so much more! "Who am I?” is a question we all ask ourselves at some point in our lives. Sometimes we will ask this question to someone else. There is nothing wrong with wondering who we are. In fact, it is a healthy question to ask it makes us think and gives us a sense of identity. One of the biggest reasons we ask this question is not because we don't know who we are; it is because we don't understand human behavior. We don't understand how to analyze people and ourselves. We need to be able to do this in order to discover ourselves. No matter how hesitant you are, you don't want to wait too long. Establishing your best self and working toward your ultimate happiness isn't going to happen overnight. It is going to take time. It is a gradual process, but you will notice the benefits immediately. Don't wait to take your first steps into your self-discovery journey. Act today by purchasing this book! I guarantee you won't be disappointed as this book was made for you!

The Enneagram and Spiritual Culture

The first easy—and fun—guide to the Enneagram, the fascinating and revealing method of understanding personality types, for the beginner, the expert, and everyone in between. This witty and informative guide demystifies the ancient Enneagram system with cartoons, exercises, and personality tests that reveal our motivations and desires and show how to put that knowledge to use in our everyday lives. The 9 Types of People: The Perfectionist: Motivated by the need to live life the right way, improve oneself and others, and avoid anger. The Helper: Motivated by the need to be loved and appreciated and to express your positive feelings towards others. The Achiever: Motivated by the need to be productive, to achieve success, and to avoid failure. The Romantic: Motivated by the need to understand your feelings and to be understood to search for the meaning of life, and to avoid being ordinary. The Observer: Motivated by the need to know everything and understand the universe, to be self-sufficient and left alone, and to avoid not having the answer or looking foolish. The Questioner: Motivated by the need for security, to feel taken care of, or to confront your fears. The Adventurer: Motivated by the need to be happy and do fun things, to contribute to the world, and to avoid suffering and pain. The Asserter: Motivated by the need to be self-reliant and strong, to make an impact on the world, and to avoid being weak. The Peacemaker: Motivated by the need to keep the peace, merge with others, and avoid conflict.
Understanding the Enneagram

The enneagram system is one of the most influential tools of self-discovery and personal development. When you discover your personality type using the enneagram, you may be amazed. The enneagram has proven to be extremely accurate. It reveals your strengths, weaknesses, core motivations, moods, mannerisms and basically a complete picture of your internal self. The enneagram system of categorizing personality types has been around since ancient times. Although it has only relatively recently entered popular culture in the last few decades, the enneagram system has gained increasing prominence in the arena of personal developmental and success research. The term 'enneagram' comes from the Greek word for the number nine. The reason being that there are nine unique character types. Each of the points in the enneagram represents a distinctive and diverse personality type. A person who has the traits of a type one (typically known as the reformer or perfectionist) may differ significantly from a man or woman who is a type four personality (classically recognized as the artist or the idealist). In depth analysis of the enneagram uncovers profound self-discovery and is exceedingly useful when it comes to handling career, conflict, success, abundance and many aspects of a relationship. WWW.CraigBeck.com

Enneagram

The enneagram is a personal type that can bring to you a lot of benefits! If you want to find out more about this unique analysis system, keep reading! There are a lot of things that helps us to distinguish one from another, and all of them can be explained by a unique analysis system called Enneagram. This system was made to determine a specific personality type and to predict behaviors. Its accuracy made people ask themselves if there was a spiritual element into the system. Enneagram is a tool designed to help simplify and increase people’s knowledge of themselves. Here it is professional guide about how Enneagram works and a collection of tests that will help you discover yourself. Here it is what you will find inside ENNEAGRAM TEST: *How does the Enneagram works and how to find out which is your basic personality type *How to use the Enneagram as a tool to benefit your life *What is the awakening soul *A test to find out what your personality type is *What is the Enneagram and how to use it *Types of Enneagram personalities *The Enneagram as a universal symbols of an ancient teaching and much more! Discovering yourself is sometimes more difficult than get to know a stranger. To discover your real personality you have to go deep inside your mind and feelings and find your true spiritual Enneagram type. You need to be aware of yourself if you want to achieve your goals in life. Not knowing about yourself can harm you and hurt your relationships as well. If you are seeking some solution in figuring things out or if you are feeling like you are trapped in a rut, then this is the perfect book for you. The Enneagram is an ancient pseudo-scientific technique used to identify a human being’s personality type. An Enneagram helps to define the different personality types of human beings with uncanny accuracy. It helps to describe how unusual and strange human beings are. According to the enneagram, there are 9 personality types. Each of these categories comes with its own set of positive and negative traits. In this book, you will learn about each of these personality types. Each of the points in the enneagram represents a distinctive and diverse personality type. It is a wonderful tool, but a tool is only as good as the purpose it is used for. As you discern the types of other people in the world, you can use the Enneagram to navigate interactions, being mindful of your own biases and tailoring communication to their goals and perspectives. You can introduce the system to groups, creating a common language for members to understand each other. Simply put, this book will answer the big question. Why do you do what you do whether or not it’s voluntary? It unveils the underlying motives behind each of us, and it will help you gain clarity on the patterns that are not serving you so you can improve upon them as well as shine a light on the positive traits that you need to be taking advantage of. Take a bold step and make a difference in your life. You will thank the Enneagram for your own successful personal growth. Get ready to come face to face with your Enneagram Personality. You don’t know how to do it? Then this guide is perfect for you! What are you waiting for? Press the buy button and begin your journey toward spirituality and discovering yourself!

Enneagram Description Each one of use is driven by somethings specific that defines our live: your subconsciouness. This plays an important role in determining how you live your life. Think of it as an invisible compass that gives you direction and can even make important decisions for you. Often making our choices are of our own making, yet actually, this is not true. Some of the decisions we make in life are as a result of the conditioning of our subconscious. Our brains make choices for us based on our core beliefs, our experiences and the kind of environment we grow up in. This explains the concept of good and bad and how we relate to situations wherever they manifest. You must have an idea about things that make our happy. You Know some of the things you try to avoid because they make you sad. Even with this knowledge, you will still occasionally find yourself in unfamiliar territory, unable to determine why you are disturbed by some situation. The enneagram helps you to answer the important questions you may have previously struggled to find answer to. From the personality type, you can identify the features that best align with your life based on your frequent decision-making patterns. What is missing in your life? What is the one thing that pushes you to work hard or hide in a corner get away from the rest of the world? There are a lot of personal questions we ask ourselves, which make a big difference in our lives, but our inability to answer them or understand them is what holds us back. The answers to these questions are the answers that help us define our personalities. Many people believe that they develop personalities when they grow older or when they are more mature and have started interacting with different environments. However, this is not true. Our personalities start forming from our early childhood and are a function of a lot of things that go on in the world around us, from our interaction with the people we love and around us, from the lessons we learn in a school and the communities we live in. When you grow older, it is your realization of your own imperfection that bother you, because you become wise enough to realize the differences between yourself and other people. You notice that people to things differently to you become more aware to the different methods you use to do the same things. Your personality is generally a reflection of your nature, manifesting itself through a collection of all the experiences you have gone through in life. This book gives a comprehensive guide on following: What is the Enneagram? Personality types Subtypes in the Enneagram Identifying you Enneagram type Using the Enneagram The theory of Enneagram Specific practices for each enneagram personality type Incorporating the enneagram in your life Enneagram for parents Benefits of knowing ourselves Know your instincts to be appreciated by others AND MORE!!!

Discovering Your Personality Type


The Enneagram Test Book

Are you on a journey to finding yourself and understanding your being? Basically, we question our very existence on the journey to finding who we are, what we are about, and in discovering our passions and what path we should take to live a successful and happy life. You see, I also went through this period in my life years back when I questioned everything. I questioned my very page 2/8
Enneagram For Self Discovery Don Richard Riso

Inside The Enneagram

Unlock the power of personality types using the wisdom of the enneagram so you can strengthen your personal, professional, and romantic relationships today! The enneagram is an effective personality classification system that describes the characteristics, behaviors, and core values of nine different personality types—enneatypes—each identified by a number. The Enneagram & You help you identify your personality type so you can discover how to best interact with your family, friends, coworkers, and love interests. You’ll also learn about each type pairing—from Type 1 with Type 1 to a Type 9 with Type 9 and every combination in between—as well as the harmonies and challenges each pairing faces and advice on how to effectively communicate and better understand what each personality type needs to feel fully engaged, known, and valued. Armed with this knowledge, you’ll begin to anticipate your reactions and responses to the various people in your life. And you’ll also be able to better comprehend their reactions and responses to you. By understanding your own strengths and recognizing areas for growth, you can improve your relationships in ways that might have previously seemed impossible. Applying the wisdom of the enneagram-based personality types can lead to better connections and a deeper understanding of yourself and those around you!

The Enneagram & Test Book

The Enneagram

Offers profiles of nine personality types, tells how to avoid misidentifications, and offers advice on becoming aware of one’s own personality type

Easy Enneagram

A groundbreaking guide centering around the Enneagram—the most popular system for personality typing—presents a vast array of insight for determining personality types, from recognizing each type’s WakeUp Call and Red Flag to letting go of self-defeating habits and reactions. Original.

The Complete Idiot’s Guide to the Power of the Enneagram

Every leader has a number! Millions of people around the world use the nine-point Enneagram system to analyze their personality strengths. Now for the first time, renowned Enneagram expert Ginger Lapid-Bogda shows how to use this personality typing system to reach your full potential as a leader and to pin point your core leadership style. “A unique combination of business savvy, organization development, and in-depth self-development perspectives.”—Colleen Gentry, senior vice president for Executive Development, Wachovia Corporation “Chock-full of excellent suggestions and astute examples that . . . provide readers with a multitude of teachable moments.”—Beverly Kaye, Ph.D., founder/CEO of Career Systems International and coauthor of Love ’Em or Lose ’Em: Getting Good People to Stay.”—Dr. Lapid-Bogda adroitly describes how different types of people fulfill the core competencies of leadership in their own ways.”—Helen Palmer, author of The Enneagram and The Enneagram in Love and Work “We recommend this book for anyone in leadership wishing to use the superbly insightful tool of the Enneagram to access their innate gifts, identify their biases, and become truly great leaders.”—Don Richard Riso and Russ Hudson, The Enneagram Institute, authors of Personality Types and The Wisdom of the Enneagram

The Enneagram Road

Don Richard Riso, M.A., is the most widely published and bestselling author of books on the Enneagram. This is the revised and expanded edition of the classic on understanding the human personality—more than 150,000 copies sold! In addition to updating the descriptions of the nine personality types, this book uncovers the Core Dynamics, or Levels of Development, within each type.

The Enneagram & You

EYES HERE: Here is Where You Will Learn to Look Deeper into Your Inner Core & Get to Know Yourself Better & Influence Your Future! Did you know that the enneagram is a great tool to better understand not just yourself, but others as well? The emphasis on the principle that you only understand, connect, and love others, when you truly understand, connect, and love yourself. The problem is that this principle has become so much like a cliché that most people simply brush off. However, just because it’s overused, doesn’t mean it’s any less true! So, how can you use the enneagram to dig a little deeper and get to know yourself more? Let me introduce you to Rebecca Hood’s “The Enneagram” - a COMPREHENSIVE guide to self-discovery and spiritual growth. Using this book, you will learn all about the nine enneagram personality types and where you fit! Over the course of this life-changing guide, beginners like you will: Significantly enhance your personal relationships using PROVEN enneagram principles Swiftly achieve personal growth and stay on course toward the future you deserve Considerably develop your mindfulness and improve your inner coach with enneagram tips Boost your inner cheerleader as well as your self-esteem for a greater chance of success And so much more! What makes this guide so impressive is that it takes you on a guided path through all nine enneagram personalities - no fluff, no flowery explanations, just straightforward, well-researched information. With this guide, you will be able to swiftly grasp the enneagram concepts so you can expertly use them as a powerful leadership tool to transform your life, as well as others! So don’t delay! Scroll up, Click on “Buy Now with 1-Click”, and Get to Know Yourself Better with the Enneagram Today!

Self Discovery Through Enneagram

Publisher Description
The Enneagram for Spiritual Formation

Offers individuals of each enneagram type meditations that can help increase awareness of pains and personal strengths, and foster change

Enneagram

Have you ever wondered exactly WHY you act and feel the way you do? Are you on a journey to finding yourself and understanding your being? Well, we all go through certain phases in our lives where we question our actions, the decisions we make, and why we are attracted to certain types of people. Basically, we question our very existence on the journey to finding who we are, what we are about, and in discovering our passions and what path we should take to live a successful and happy life. You see, I also went through this period in my life years back when I questioned everything. I questioned my very being, I didn’t understand why I was the way I was, and almost gave up on life when I couldn’t get answers to my questions. Essentially lived without living. I lived as the winds led me. I’d did research online, read books and watched documentary after documentary, but I just always seemed to find myself at a dead end with no clarity. It was all this way for me until I discovered the Enneagram. My whole life changed for the better when I discovered this beautiful system which helped me understand myself, and the people around me. It changed my world and how I viewed life entirely. If you are like the way I was, with so many questions about yourself but no answers, then you are in the right place. I have taken the time to explain these terms and concepts in ways that you will find quick, simple and very clear to understand. To aid your journey to finding yourself, here is just a fraction of what you will learn from Personality of Enneagram and tricks on finding your exact Enneagram type. What matters most is finding that we know who we are and what legacy we want to leave behind, when something goes wrong, our internal balance waivers exponentially, and we are left to figure out what it is we’re missing, or what it is that we’re doing wrong. This is the reason why self-help books are highly in demand. Everyone is expected to become their best selves, but are left to figure out what “best” means. The Enneagram is a tool that can help us with this. It’s irrefutably true that much of information is made available to us, yet we’re still left with no concrete answers. It can be difficult to completely wrap your head around being self-aware, self-understanding, and self-development. This problem usually stems from a lack of understanding of the True Self. This is where Carly Greene’s book, “The Enneagram” comes in. This book is the complete guide to self-realization and self-discovery using the Enneagram’s 9 Personality Types for Healthy Relationships, so you can harness its wisdom to grow into a better person and improve your relationships with the people in your life. With the help of Carly Greene’s “The Enneagram” or “Enneagram,” you will be able to kick start your journey towards true self-awareness, so you can become your best self and better support the people you care about. Start getting to know who you truly are today!

Personalities Types

Boost Your Self-Awareness & Become A True Ally for the People You Care About with the Help of this Complete Guide to the Enneagram! More often than not, questions like, “Who am I?”, “What do I want?”, “What motivates and pushes me to become my best self?” can seem so overwhelming. The best way to understand your being is to learn from Personality of Enneagram and tricks on finding your exact Enneagram type. What matters most is finding that we know who we are and what legacy we want to leave behind, but when something goes wrong, our internal balance waivers exponentially, and we are left to figure out what it is we’re missing, or what it is that we’re doing wrong. This is the reason why self-help books are highly in demand. Everyone is expected to become their best selves, but are left to figure out what “best” means. The Enneagram is a tool that can help us with this. It’s irrefutably true that much of information is made available to us, yet we’re still left with no concrete answers. It can be difficult to completely wrap your head around being self-aware, self-understanding, and self-development. This problem usually stems from a lack of understanding of the True Self. This is where Carly Greene’s book, “The Enneagram” comes in. This book is the complete guide to self-realization and self-discovery using the Enneagram’s 9 Personality Types for Healthy Relationships, so you can harness its wisdom to grow into a better person and improve your relationships with the people in your life. With the help of Carly Greene’s “The Enneagram” or “Enneagram,” you will be able to kick start your journey towards true self-awareness, so you can become your best self and better support the people you care about. Start getting to know who you truly are today!

What Type of Leader Are You?

Do you want to discover more about yourself for self-awareness and personal growth? Would you like to know how to understand others better for success in relationships and at the workplace? If so, read on Being able to know oneself better on why they think, feel and act a certain way offer many benefits because not only does this boost one’s personal success, it could also improve on their relationship with others. And while personality tests such as the Myers-Briggs could assist on this goal, another option one could check out is called The “Enneagram of Personality” or “Enneagram.” The Enneagram is an ancient personality tool that features nine interconnected personality types. Finding out more about these types can uncover one’s unique path towards self-discovery and personal growth. The key is finding a simple and easy-to-follow Enneagram guide with practical strategies to help you achieve on becoming your best self. In this complete step-by-step guide, Enneagram Self-Discovery: Easy-to-Follow Essential Guide on How to Uncover your Unique Path with the 9 Enneagram Personality Types to Build Self-Awareness and Achieve Personal Growth, you will discover: How to best understand the Enneagram Personality Types - and how it can best help develop your personal growth. The effective way to discover your Personality Type - and the benefits that goes with it The 9 Enneagram Personality Types - each explained in detail and how it applies to you the best: Seeking integrity and balance Love is the desire Being Valued Being Unique Achieving Understanding of Oneself Finding Reassurance Seeking Contentment Protecting Oneself Having Peace of Mind Putting it all together - and an Important Takeaway for Success and much, much more! Added BONUSES: - Bonus 1: Includes a Bonus Chapter: “How to Apply your Personality Type to your Relationships” - Bonus 2: Includes a Free Book Preview: “How to Analyze People Effectively” With easy-to-follow techniques and step-by-step details on each chapter - even if you have never tried using the Enneagram before or have tried other Personality Tests in the past but struggled using the information effectively, you will find actionable strategies in this book that are both simple and practical to use in getting the results you want. So if you want to discover more about yourself and others using an easy-to-follow Enneagram guide, simply click on the “Buy Now” button to get started.

The Enneagram

A must-read for anyone looking to move beyond type caricature and learn how to work with the Enneagram toward spiritual growth. Over 100,000 copies sold! eBook EXCLUSIVE: 45+ COLOR illustrations to provide greater depth of understanding. Most of us spend a lifetime trying to figure out who we are and how we relate to others. The Enneagram is here to help. Far
more than a personality test, author Chris Heuertz writes, the Enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat. But the Enneagram reveals both the nine ways we get lost, as well as the nine ways we find our way home to our True Self and to God. Chris Heuertz has taught the Enneagram all over the world, and has trained under some of the great living Enneagram masters including Father Richard Rohr, Russ Hudson, Marion Gillies, and Richard Palmer. Whether you are an enthusiast or simply Enneagram-curious, this groundbreaking guide to the spiritual depth of the Enneagram will help you: Understand the “why” behind your type, beyond caricatures and stereotypes Identify and find freedom from self-destructive patterns Learn how to work with your type toward spiritual growth Awaken your unique gifts to serve today’s broken world. Richly insightful and deeply practical, The Sacred Enneagram is your invitation to begin the journey of a life transformed. Also available: The Sacred Enneagram Workbook.

Enneagram

Become Your Best Self & Learn How to Become a Better Ally to Your Loved Ones Using this Complete Guide to the Enneagram! Often times, we view the world through a narrow lens and demand that others see and do things as we see fit. This is where conflicts arise and communication fizzes out. If we only learn to widen our awareness and celebrate each individual for their authentic self, we will be able to deepen our connections and learn to grow and thrive together. This is why the Enneagram has proven to be such a potent tool for finding common ground. The Enneagram reminds us that every person sees and interacts with the world in a different way and understanding the other types can help us to better understand and nurture one another. You will learn more about each of these types and how each type interrelates with others. It is a wonderful tool, but a tool is only as good as the purposes it’s used for. As you learn more about your type and those around you, you will be able to take your self-awareness to the next level by using it to empathize with others and become a better partner, friend, and ally in the lives of those you love. Start living an authentic, purposeful life and bring joy to others using the Enneagram Test Book today!

Handbook enneagram

Do You want to discover more about yourself for self-awareness and personal growth? Would you like to know how to understand others better for success in relationships and at the workplace? If so, read on Being able to know oneself better on why they think, feel and act a certain way offer many benefits because not only does this boost one’s personal success, it could also improve on their relationship with others. And while personality tests such as the Myers-Briggs could assist on this goal, another option one could check out is called The “Enneagram of Personality” or “Enneagram”. The Enneagram is an ancient personality test that features nine interconnected personality types. Finding out more about these types can uncover one’s unique path towards self-discovery and personal growth. The key is finding a simple and easy-to-follow Enneagram guide with practical strategies to help you achieve on becoming your best self. In this complete step-by-step guide, Enneagram Self-Discovery: Easy-to-Follow Essential Guide on How to Uncover your Unique Path with the 9 Enneagram Personality Types to Build Self-Awareness and Achieve Personal Growth, you will discover: How to best understand the Enneagram Personality Types - and how it can best help develop your personal growth. The effective way to discover your Personality Type - and the benefits that goes with it The 9 Enneagram Personality Types - each explained in detail and how it applies to you the best: Seeking integrity and balance Love is the desire Being Valued Being Unique Achieving Understanding of Oneself Finding Reassurance Seeking Contentment Protecting yourself Having Peace of Mind Putting it all together - and an Important Takeaway for Success and much, much more! Added Bonus: Bonus 1: Includes a Bonus Chapter “How to Apply your Personality Type to Your Relationships” - Bonus 2: Includes a Free Book Preview: “How to Analyze People Effectively” With easy-to-follow techniques and step-by-step details on each chapter - even if you have never tried using the Enneagram before or have tried other Personality Tests in the past but struggled using the information effectively, you will find actionable strategies in this book that are both simple and practical to use in getting the results you want. So if you want to discover more about yourself and others using an easy-to-follow Enneagram guide, simply click on the “Buy Now” button to get started.

The Enneagram Personality Types

There a lot of things that helps us to distinguish one from another, and all of them can be explained by a unique analysis system called Enneagram. This system was made to determine a specific personality type and to predict behaviors. Its accuracy made people ask themselves if there was a spiritual element into the system. Enneagram is a tool designed to help simplify and increase people’s knowledge of themselves. Here is professional guide about how Enneagram works and a collection of tests that will help you discover yourself. Here it is what you will find inside ENNEAGRAM: * What is the Enneagram and how to use it * Types of Enneagram personalities * The Enneagram as a universal symbol of an ancient learning * Personality test - a help to discover yourself and much more! Discovering yourself is sometime more difficult than get to know a stranger. To discover your real personality you have to go deep inside your mind and feelings and find your true spiritual Enneagram type. You need to be aware of yourself if you want to achieve your goals in life. Not knowing about yourself can harm you and hurt your relationships as well. If you are seeking some support in figuring things out or if you are feeling like you are trapped in a rut, then this is the perfect book for you. The Enneagram is an ancient pseudo-scientific technique used to identify a human being’s personality type. An Enneagram helps to define the different personality types of human beings with uncanny accuracy. It helps to describe how unusual and strange human beings are. According to the Enneagram, there are 9 personality types. Each of these categories comes with its own set of positive and negative traits. In this book, you will learn about each of these personality categories and how each type interrelates with others. It is a wonderful tool, but a tool is only as good as the purposes it’s used for. As you figure out the types of other people in your life, you can use the Enneagram to navigate interactions, being mindful of your own biases and tailoring communication to their goals and perspectives. You can introduce the system to groups, creating a common language for members to understand each other. Simply put, this book will answer the big questions. Why do you do what you do whether or not it’s voluntary? It unveils the underlying motives behind each of us, and it will help you gain clarity on the patterns that you are not serving you so you can improve upon them as well as shine a light on the positive traits that you need to be taking advantage of. Take a bold step and make a difference in your life. You will thank the Enneagram for your own successful personal growth. Get ready to come face to face with your Enneagram Personality. You don’t know how to do it? Then this guide is perfect for you! What are you waiting for? Press the buy button and begin your journey toward spirituality and discovering yourself!
Enneagram For Self Discovery Don Richard Riso

Cultivate a Stronger Sense of Self & Figure Out How You Can Thrive in Life Using the Enneagram, Complete with the Enneagram Test Book! WHO AM I? How do I live up to my potential and how to I let go of things that hold me back? How can I become my best authentic self without compromising my relationships? These are just some of the questions we ask ourselves while basking in our solitude. To know who you truly are and how to cultivate a stronger sense of self and purpose, you must first learn to look

Robert Tallon’s The Enneagram Connection: Using the Enneagram and Emotional Intelligence to Transform Personal and Work Relationships is a step-by-step guidebook for creating lasting, productive, and fulfilling relationships. It combines the richness and accuracy of the enneagram, the wisdom and necessity of emotional intelligence, and what Tallon calls the Six Practices-tools that both define the elements of an effective relationship and transform the ways we work and thrive with others. The Enneagram Connection is the perfect companion to Tallon’s first book, Awareness to Action, which explored how to use the enneagram and emotional intelligence for personal improvement in the workplace. The Enneagram Connection moves from the personal to the interpersonal and demonstrates how easy and effective it is to use the enneagram and emotional intelligence with loved ones, friends, family, boss, peers, and subordinates to build strong relationships and work teams. Part One provides an overview of the enneagram strategies, explores the concept of emotional intelligence (EQ) and describes the most important EQ competencies for relating to others. Tallon further discusses the ways that each personality type can connect through enneagram strategy, enneagram wing, enneagram subtype, and EQ. Part Two introduces the Six Practices and which EQ competencies are crucial to being proficient in each. Two common features in Part Two are the Wake-Up Call-brief assessments and reflection exercises before each of the Six Practices—and Take Action-suggestions and challenges related to each of the practices. Part Three focuses on specific ways to connect with each of the personality types, and provides a detailed reference guide that spells out the types’ similarities and differences, and guidance to build rapport and connect with different personality types. This material is written from the perspective of each type in the relationship, and focuses on what gifts and strengths each type can offer the other. Russ Hudson, bestselling co-author of Wisdom of the Enneagram, Personality Types, and Enneagram Transformations writes “The Enneagram Connection goes beyond mere descriptions of the types and uses the enneagram knowledge, backed by current research on emotional intelligence and other psychological frameworks for relationship study, to provide a wealth of tips and insights into creating more fulfilling and dynamic connections with the people in your life.”

Enneagram voor Dummies

Discover your personality type. The enneagram system has been used for decades to help people understand their strengths and weaknesses, heal neuroses and inner conflicts, enhance creativity, strengthen team building in the workplace, and aid in couples therapy. This guide takes the mystery and complexity out of this rich system of analysis and allows anyone to benefit from its useful insights.

The Enneagram Made Easy

If so, you can use information in this book for practical advice and spiritual guidance that will allow you to absorb a different approach to your life and your relationships in a positive away. In this book, we attempt to explain: - The history of the enneagram - How to read one - How to find your personality type - What drives you to behave the way you do - How to understand those close to you - How to build a better working environment - How to use the enneagram to understand yourself - The nine different personality types - And how to find the right social cluster you belong to The enneagram system is one of the most influential tools of self-discovery and personal development. When you discover your personality type using the enneagram, you may be amazed.

The Enneagram Types for Beginners

“(0)ffers a thorough, non-clinical reference for anyone who companions or is companioned on the spiritual way. Its concrete examples and clear style make its message accessible to readers whether or not they have previously heard of the enneagram.”
- Suzanne Zuercher

Enneagram Test

Are you tired of being ruled by the constraints of your personality and no matter how hard you try, you are powerless to change it? Have you ever wondered why you are the way you are? Have you ever sat on your couch feeling helpless after realizing that you’ve let your life pass by without embracing it? Do you crave more compassion and understanding with your spouse, children, friends, and acquaintances, but you don’t know how? Do you feel somehow stuck with your marriage or relationship and want to better understand where your partner is coming from? Or have you yourself ever felt different? The enneagram is an accurate character type system that has been around since ancient times, which has proven its usefulness and has helped people in all shapes and sizes to discover themselves and have stellar relationships with others. We all gravitate towards one of the nine personality types. If you understand yourself, then you can understand how your character traits affect your life. Once you know this, you can then make the necessary changes to achieve your goals in life. The enneagram shines like a giant spotlight of truth pointing out all the flaws and possibilities of your personality type and how to overcome your weak points and how to reinforce your already positive traits. This entertaining and practical book combines two lighter, quicker reads on Enneagram, packed with ideas and techniques suited for each of the nine Enneagram types. This book makes it easy to identify your own personality type and those of your family, friends, and colleagues. And once you find it out, your life will start to make so much sense. You will be stunned to see the depth of your persona and the invisible factors controlling your life. This book contains two manuscripts: Discover Yourself and Get the Most Out of Your Relationships Embrace Your Potential and Overcome Your Weak Points In “The Enneagram Personality Types” you will discover: What is the enneagram and why is it amazing path for self-discovery How can you what your personality type is (BONUS CONTENT: Enneagram Test) What are the different things that each of the nine value, desire and fear How Enneagram is accurate map for accessing your hidden potential and becoming a better, more content person When, how and why your personality changes sometimes How does Enneagram compatibility matter in your love life? How can you improve your marriage or relationship with Enneagram How can you recognize other’s personality type just based on their physical looks Why Enneagram is a key for your personal development and spiritual journey What you must do to make yourself more self-aware and connected to yourself Things you MUST know of when it comes to understanding your strengths and weaknesses How to reintegrate your neglected strengths and work on your underdeveloped areas And much more This book will give you goosebumps and get you excited as you read about your personality type, even if right now you feel that no personality type can describe you and explain your behavior. Get your copy today and let the Enneagram open up countless possibilities in your life. SPECIAL OFFER: Buy the Paperback version of this book NOW, and get the Kindle eBook version included for FREE!
within, and then figure out what role you play your life and the lives of others. The world is a melting pot of different personalities and points of view. If you don't stop to look and absorb the diversity around you, you won't be able to figure out how to be your authentic self and where you fit into the grand scheme of life. The beauty about the Enneagram is that it gives you the answers you seek. It is a potential tool for learning about the person you see in the mirror. So, how can you use the Enneagram to uncover your true self? In Carly Greene's book, "The Enneagram & Test Book", you will be able to achieve complete self-realization and self-discovery by learning where you belong among the 9 personality types. This complete guide will give you all the tools you need to kick start your journey to becoming your happiest, most authentic self. Over the course of this life-changing 2-in-1 bundle, you will learn to know yourself better by answering a thorough questionnaire about where you belong in the 9 Enneagram personality types. Maximize your inherent strengths and unlearn all the habits that hold you back by reading about your childhood patterns. Get to know your fears and motivations, so you can expertly navigate the world around you and have a firmer grip on who you really are. Cultivate a stronger sense of self-awareness, so you won't stray from your values, strengths, life goals, and true calling. And so much more! Living a truly authentic life is hard to achieve these days. After all, how can we NOT know who we are pleased mankind for the longest time, and yet no one has truly figured out the answer until now! In this guide, you will be able to uncover the secrets to living your best life by looking within. Find out your strengths, weaknesses, and motivations, so that you can finally move forward and have the life you are meant to live! Fast-track your journey to self-realization and self-discovery today!

The Enneagram of Eating

If you want to become the most enriched version of yourself through an awareness of the 9 personality types, then keep reading. People are designed to fall asleep to their true selves - it's an ordinary part of the human experience. But what if we don't want the ordinary human experience? How can we wake up, explore both the vibrant and dark aspects of the deepest corners of our personalities, and grow towards the best version of ourselves? How can we expand our knowledge of ourselves and others to become extraordinary? In this book, you'll discover: Nine characters that illustrate the personality types in real-world scenarios. The number 1 method that accurately pinpoints your core personality type, wing, and instinct. Key insights to understanding each of the nine personality types. The top self-development must-dos for each personality type. The 1 trigger that predictably impairs your personality type. How others perceive your personality type differently than you think. How you can cultivate intelligence can cripple you - if you don't practice this technique. Critical truths that must be remembered when interacting with each of the Enneagram types. The top 5 reasons certain personality types clash - and how to resolve these conflicts. Your personality "wing" and how it reliably changes your core personality profile. Which of the 3 personality "weak points" is secretly limiting your success - and how to grow in spite of it. A system to ensure you'll never forget the directions of integration and disintegration. A bonus Enneagram test with insights into your unique personality type. The Enneagram is an ancient tool for analyzing the peculiarities of human thought and behavior patterns. It has stood the test of time because of its uncanny ability to resonate with people all over the world - even people who have struggled to accurately classify themselves previously. This book breaks down the wisdom of the Enneagram so that anyone can easily understand it and apply it to their own journey towards self-discovery and improvement. It puts the Enneagram into real-world contexts, so you can fully internalize each concept by seeing it in action. Even if you've previously struggled to grasp other explanations of the Enneagram, the hands-on approach in this book ensures you'll walk away with a comprehensive understanding. If you are ready to take the next step in your journey towards self-discovery, then scroll up, click add to cart, and purchase today!

The Wisdom of the Enneagram

For the Enneagram enthusiast looking to deepen their transformation, The Enneagram of Belonging offers an enlightening, enriching path forward. eBook EXCLUSIVE: 45+ COLOR illustrations to provide greater depth of understanding. Many have discovered the Enneagram to be a powerful tool for self-understanding, yet knowing ourselves doesn't necessarily mean we accept ourselves. Most of us tend to curate the personality of our type: leading with the traits we perceive as positive and self-protecting the traits that cause us the most pain. But what if it all belonged? Rather than furthering our own fragmentation, what if we dared to make peace with the whole of who we are and boldly express our own compassions? The Enneagram of Belonging is your guide to this essential journey. While most contemporary Enneagram books stop at the descriptions of the nine types, Enneagram teacher and The Sacred Enneagram bestselling author Chris Heuertz uncovers the missing link in our journey of living into our true self: radical self-compassion that can bring back to belonging to ourselves and one another. Heuertz proposes we develop an honest relationship with our type, confronting our "inner dragons," practicing self-compassion, and thereby coming to fully belong to ourselves—and, ultimately, to love itself. In this in-depth examination of the Enneagram of Personality, you will discover: A fresh, compassionate way of understanding your childhood wound, which Heuertz reframes as your KidLife Crisis Your unique subtype and how this colors your dominant type, plus how to work with your Enneagram instinct Practical insight to help you find freedom from your type's Passions and Fixations Your personalized path back to belonging, as you come home to your true self... and much more. As a masterful mapmaker and trailblazer of grace, Heuertz casts a vision for how we can create a better world. The truth is how we treat ourselves is how we treat others, so let's start with compassion, and let this outflow into our relationships, communities, and world.

Enneagram Transformations

If you've always wanted to learn more about Yourself and who You really are, or you would like to make a change but do not know where to start, then keep listening... Have you ever wondered why you are the way you are? Do you want to understand the motivations and dynamics of your personality? Most likely, the middle of the human personality will always retain some mystery, but with the proper tool in hand, almost anyone can start to pry away the opaque clouds of wonder and get a glimpse into the truth about themselves. If you have never heard of the Enneagram before, then it just may be the tool you have been missing. The Enneagram is a powerful ancient tool used to help individuals recognize their personality types and thus, better understand their actions, thoughts, and feelings more intimately. Through this understanding, you will be finally able to realizing, owning, and accepting your deepest strengths and weaknesses. The Enneagram is a powerful tool for discovering your authentic self and using that knowledge to improve in a variety of ways. This comprehensive guide will show you exactly how to apply the principles of the Enneagram typing system to find insight and strength for navigating life's changes and challenges. Challenges can arise and cause our weaknesses to surface, and our point of views becomes rigid which results with us getting caught up in automatic habits. But Thanks to the Enneagram you will be able to recognize, adjust and compensate these unconscious patterns.

Enneagram Self-Discovery: Easy-To-Follow Essential Guide on How to Uncover Your Unique Path with the 9 Enneagram Personality Types to Build Self...
The bestselling beginner’s guide to identifying and understanding the nine personality profiles and applying them to your daily life. The leading experts in the field, Don Richard Riso and Russ Hudson have set the standard for determining personality type using the enneagram. Their studies of this ancient symbol and their progress in determining type with increasing accuracy are known, taught, and emulated worldwide. Discovering Your Personality Type is the essential introduction to this system, a psychological framework that can be used practically, in many aspects of daily life. This revised and updated edition features the all-new, scientifically validated Riso-Hudson Type Indicator, and has also been refined and simplified to appeal especially to beginners and anyone interested in unlocking the secrets of personality. The most reliable, most accurate, and most accessible way to determine type, the improved enneagram questionnaire helps identify fundamental character traits, revealing invaluable directions for change and growth. The profile that emerges is useful for a wide variety of purposes: professional development, education, relationships, vocational counseling, and more. Discovering Your Personality Type is the book readers need in order to begin to see the possibilities made available by understanding personality types. More Than 1 Million Riso-Hudson Enneagram Books Sold

The Everything Enneagram Book

This book consists of two titles, which are the following: Book 1: The enneagram can show you your personality type and also help you how to live better. When you know what you are like - and believe me, many people don’t know themselves very well - you are more likely to be content in life, find success, discover hidden talents, avoid pitfalls, and become happier in general. In this book, the enneagram will show you your true colors. We’ll show you how the origin of the model, the different types, and the importance of self-awareness. Each of these things should help you on your road to self-love and self-discovery. Book 2: When the nine different personality types clash, or when they show some differences, it can be tricky to know how to interact with others. That’s where this guide comes in. It will discuss the various ways in which our careers and values are different. It will teach you how to become a happier person by doing what you were meant to do. It will summarize what personalities consist of and how they are made the way they have been made. These are just a few topics to feast your soul on, while discovering more about yourself and those around you. Get ready to be more aware of yourself and others’ personalities.

Enneagram

Het enneagram is een eeuwenoud methodes om tot diepere zelfkennis te komen, die lange tijd mondeling werd doorgegeven en door het basissboek van Richard Rohr en Andreas Ebert in het Westen grote werkzak kreeg. Het onderscheidt negen karaktertypen die je meer of minder eigen zijn, je innerlijke barrières en je diepste drijfveren. Dit basissboek, waarvan wereldwijd al meer dan een half miljoen exemplaren werden verkocht, biedt een gedetailleerde en verhelderende beschrijving van de negen karakters en de negen drijfveren. Gedetailleerde en verhelderende beschrijving van de negen karakters en de negen drijfveren. Gedetailleerde en verhelderende beschrijving van de negen karakters en de negen drijfveren. Dit handboek biedt een volledig overzicht van de achtergronden, de werking en de toepassing van dit systeem. Hierdoor kunnen onze eigen persoonlijkheid en die van collega’s, cliënten, familie en vrienden worden doorgrond. En conflicten in werk en relatie worden beter hanteerbaar.

Understanding the Enneagram

Author A. J. Sherrill still remembers the moment when his life was forever changed by a word he didn’t even understand at the time: Enneagram. A personality theory that includes nine different “types,” the Enneagram has become a popular tool for self-awareness and improvement. But in this book, Sherrill goes deeper, exploring with Christians how the Enneagram can be a pathway to profound spiritual transformation. Sherrill reveals the Enneagram as a tool to unlock new ways of viewing identity, personality, discipleship, spiritual practices, evangelism, and the Bible. Using this fresh approach, Sherrill shows how our true identity is that of a beloved child of God. Recognizing that, we can move confidently into the world expressing this identity through our unique personality. Through Sherrill’s detailed spiritual exploration of each type, readers will emerge viewing the Enneagram as a precious gift to following Jesus more closely. Foreword by Chuck DeGroat.

Enneagram of Personality

“What you don’t know about yourself will hurt you and your relationships” Do you often feel lost in life? Are you trying to figure out why you are stuck in the same ruts all the time? And do you have an overall feeling of not really knowing who you are and where you are heading to? In our modern-day lives, it has become easy and almost “normal” to lose track of ourselves, which ends up making people sleepwalk through life, not knowing where they are heading to. The truth is we all experience true you type can make the most use of their unique strengths The nine unique Enneagram personality types and their hidden gifts The single best approach to the 5 most important people in your life for every personality type. The 27 subtypes of the enneagram and why they should not be overlooked The most important reason you should know all the ins and outs of every personality type, not only your own The five steps of self-discovery and self-development using the enneagram And much, much more As a free bonus, you’ll get an enneagram test specially designed for beginners, so you have a reference point while reading and discovering more about your true self. You can’t change who you are. You were born this way, and by embracing your personality type you will have a personalized road map of who you are, who you could become, and what it will take to get you there. It’s time to regain control over your life again with this ancient system of wisdom, backed by extensive research and psychology. Even if you have never succeeded at any self-improvement practice or don’t believe in black-and-white personality types, this step by step guide will guide you through a life filled with clarity, passion, and purpose. Discover the Secrets of this ancient tool by clicking the “Buy now with 1-Click” button above to get your book instantly.